



Dental Offices

Why am I being warned about potential exposure to chemicals in dental offices?



- Some chemicals used in dental procedures are on the [Proposition 65](#) list for [reproductive toxicity](#).
- California's Proposition 65 requires [businesses](#) to warn people before exposing them to a significant amount of a [chemical](#) listed under Proposition 65 for cancer or reproductive toxicity.

Dental offices can expose you to chemicals on the Proposition 65 list during certain procedures.

These procedures include: sedation with nitrous oxide; some root canals, crown placements and crown removals; dental bridge placements; tooth restorations with fillings that contain mercury; and the use of some dental appliances.



DENTAL OFFICES

Examples of chemicals you may be exposed to in dental offices include:

- [Mercury](#), a heavy metal used in some silver-colored dental amalgam fillings.
- [Nitrous oxide](#), commonly known as "laughing gas," and used in combination with other gases to ease pain and anxiety during certain dental procedures.

How does exposure to these chemicals in dental offices occur?

- Dental patients can breathe in nitrous oxide and mercury vapors during dental procedures. They can also swallow low levels of mercury vapor when dental amalgam fillings are put in or removed.
- During pregnancy, mercury can pass from mother to baby when:
 - ▶ The mother has amalgam fillings put in or removed.
 - ▶ The mother has amalgam fillings and grinds her teeth.
- During pregnancy, nitrous oxide can pass from mother to baby when the mother undergoes a dental procedure using this gas.

How can I reduce my exposure to these chemicals in dental offices?

- ✓ Have regular dental checkups and practice good oral hygiene.
- ✓ When planning dental work, talk to your doctor or dentist about anesthetic options other than nitrous oxide, especially if you are pregnant.
- ✓ If you need a tooth filling, talk to your dentist about using [alternatives to dental amalgam](#) that contains mercury. This is especially important for children under age six, and women who are pregnant, planning to become pregnant, or are nursing their babies.
- ✓ If you have dental amalgam fillings that are in good condition, [avoid having them removed](#).

For more information:**General Fact Sheets and Resources**

- US Food and Drug Administration (FDA)
 - ▶ FDA Issues Recommendations for Certain High-Risk Groups Regarding Mercury-Containing Dental Amalgam
<https://www.fda.gov/news-events/press-announcements/fda-issues-recommendations-certain-high-risk-groups-regarding-mercury-containing-dental-amalgam>
 - ▶ Dental Amalgam Fillings
<https://www.fda.gov/medical-devices/dental-devices/dental-amalgam-fillings>
 - ▶ Treatment Options for Dental Caries
<https://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/DentalProducts/DentalAmalgam/ucm171108.htm>
- US Environmental Protection Agency (US EPA)
 - ▶ Mercury in Dental Amalgam
<https://www.epa.gov/mercury/mercury-dental-amalgam>
- California Dental Association (CDA)
 - ▶ Nitrous Oxide
https://www.cda.org/Portals/0/pdfs/fact_sheets/nitrous_oxide_english.pdf
- California Environmental Protection Agency (CalEPA)
Office of Environmental Health Hazard Assessment (OEHHA)
 - ▶ Mercury in Dental Amalgam Fillings
<https://www.p65warnings.ca.gov/fact-sheets/mercury-dental-amalgam-fillings>
 - ▶ Nitrous Oxide Use in Dental Care
<https://www.p65warnings.ca.gov/fact-sheets/nitrous-oxide-use-dental-care>

Proposition 65

- California Environmental Protection Agency (CalEPA)
Office of Environmental Health Hazard Assessment (OEHHA)
 - ▶ Proposition 65: Background
<https://www.p65warnings.ca.gov/faq>
 - ▶ Proposition 65: The List of Chemicals
<https://www.p65warnings.ca.gov/chemicals>
 - ▶ Proposition 65: Fact Sheets
<https://www.p65warnings.ca.gov/fact-sheets>